



## President's Message

By Cleo Logan

### Getting Involved - Best Thing I Did

by Cleo Logan

On February 13, 2014, I presided over the first meeting of your new board of directors. The meeting was productive and meaningful. The board members were enthusiastic about the coming year.

Our overall goal is to become more efficient and effective leaders of the IAHF. Specific goals were set in all major areas. By setting specific goals, we can measure our progress at various times throughout the year. At year's end, we will know what worked and where we need improvement. We welcome you to join us in these efforts, by becoming a member of one of our committees.

I would like to thank the entire board for their willingness to achieve our goals. In addition, a special thanks to Nancy Morreale, Mike D'Ambrosio, and Rosa Lopez for making our new database a reality. Their continuing efforts will ensure that we keep current on membership issues, and that timely responses are standard practice. Two additional board members deserve special recognition. They are Frank De Turris and Pam Oliver-Lyons. Frank's work as Treasurer has been outstanding. His diligence has brought organization and clarity to our financial picture. Pam has worked many hours improving and organizing the

library. She will be working on this newsletter and other projects, as well. Pam and her husband, Steve, donated \$1,000 for our first community college scholarships.

We have an outstanding group of people on the board. I am grateful for all their support and dedication. However, the board can only do so much. Without member involvement, we are limited in what we can achieve. I will be using part of my future newsletter space to highlight our volunteers. I want you to know who they are, because they deserve our thanks. One of the best things I did was getting involved in this organization. I hope you will consider doing the same.

#### Our Mission Statement:

**"The IAHF shall preserve and promote the rich culture of Italy, increase awareness of its history and recognize the achievements and positive contributions made by Americans of Italian descent."**

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## IAHF Scholarships 2014

by Marie Bertola

The 2014 Scholarship committee urges all Italian American Heritage Foundation (IAHF) members to consider sponsoring an individual scholarship. It's a wonderful way to support Italian American youth and help ensure the legacy of Italian language and culture.



This year the IAHF is pleased to be offering 2 new scholarships of \$500 each, donated by Steve Lyons in memory

of his Italian grandparents. These scholarships are for promising graduating Santa Clara County community college students. In addition, the IAHF is offering several scholarships, ranging from \$2,500 to \$1,000, for promising Santa Clara County high school students. Applicants must demonstrate their intention to attend a higher education four-year degree program full-time within the academic year 2014-2015, and the successful recipients must use the scholarship to meet their educational financial needs during 2014-2015. The purpose of the IAHF Scholar-

(Continued on page 5)



**SEND IN YOUR DUES TODAY!**

For more information visit the website at [lahfsj.org](http://lahfsj.org)

# What's Going on at the IAHF...



**Friday, March 28 - doors open 6:00 pm, dinner 6:30 pm**

**Menu:** Fresh crab by the bucket! salad, pasta, and dessert

**Premium wine & beer bar opens at 6:00**

**Door prize drawing at 8:00 p.m., immediately followed by music and dancing to the Ron Borelli Trio.**

**Cost:** Members \$42 / non-members \$48 / 12 and under \$18

This is one of our biggest fundraisers so don't miss out on the fun, the food and being able to support the IAHF efforts in pre-

serving and promoting Italian and Italian-American culture in the Santa Clara County.

We also encourage you to try out our NEW premium wine and beer bar. Each wine offered is specially selected to pair with the menu by our wine connoisseurs. Only \$5 a glass or \$15 per bottle.

How can you beat that price or quality?

**Tables are filling up quick. RSVP TODAY!**

**RSVP** by completing the enclosed event form or by contacting the IAHF office at 408-293-7122 or [iahfsj@sbcglobal.net](mailto:iahfsj@sbcglobal.net).



## Mission Peak Chamber Singers

The Mission Peak Chamber Singers, under the direction of Michael Morris, present their winter concert "**The A Cappella Art**" at the IAHF. Featuring the great unaccompanied choral works from the earliest forms of A Cappella singing such as chant and polyphony given to us by the early Italian masters, to the present day works. The concert features such diverse composers as Praetorius, Byrd, Gibbons, Rachmaninoff, Whitacre, and Thompson.

**Friday, April 4**

7:00pm social hour / 8:00pm performance, reception immediately following

**RSVP** by completing the enclosed event form or by contacting the IAHF office at 408-293-7122 or [iahfsj@sbcglobal.net](mailto:iahfsj@sbcglobal.net).

## La Divina Book Club

Join us for one of our upcoming La Divina Book Club discussions. Held at the IAHF every fourth Thursday of the month (unless otherwise noted on our calendar of events).

**March 27 - 1:00-3:00 p.m.**

**Book:** [Saving Italy](#)

**Moderator:** Rich Stewart

**April 24 - 1:00-3:00 p.m.**

**Book:** [La Bella Lingua: My Love Affair with Italian, the World's Most Enchanting Language](#)

**Moderator:** Pam Oliver-Lyons

**RSVP welcomed but not required.**

More information on page 7 or call Volunteer Librarian at 408-693-9250

## Lunch and Learn

Our regional lunch series is one of the best ways to learn about the different provinces, towns and of course, regions of Italy. The lunches are prepared using the local recipes and there is always someone there to share the history and customs.

**March** - no lunch due to La Festa di San Guisepppe on March 19

**April 17** - Molise, Italy hosted by John Amato

**May 15** - Arbëreshë, hosted by Lucia Clementi

Members \$12.00, non-members \$15.00

**RSVP** by completing the enclosed event form or by contacting the IAHF office at 408-293-7122 or [iahfsj@sbcglobal.net](mailto:iahfsj@sbcglobal.net).



## The Master Gardeners Return!

Anybody remember this pepper and tomato sample spread from last year's September regional lunch? If this photo were in color it would be a rainbow, vibrant and mouthwatering. The Master Gardeners of Santa Clara Valley will be returning on April 17 for our Molise, Italy regional lunch. There was a lot of people that wanted to buy their seedlings so lucky us they'll be selling their heirloom variety seedlings (and maybe some others) to get your garden started.

In addition, they'll be answering any of your gardening questions. These master gardeners are all volunteers and not only grow some of the most incredible plants but do it out of their love for nurturing beautiful and delicious things. Come and buy a seedling for yourself and your neighbor and help support the Master Gardeners of Santa Clara Valley.

## Upcoming Events

- ♦ **MARCH 19, 10:30 a.m.**  
Festa di San Giuseppe
  - ♦ **MARCH 27, 1:00 p.m.**  
La Divina Book Club
  - ♦ **MARCH 27, 7:00 p.m.**  
Cena Fuori, Chiaramonte's Deli
  - ♦ **MARCH 28, 6:00 p.m.**  
Crab Feed Dinner and Dance
  - ♦ **APRIL 4, 7:00 p.m.**  
Mission Peak Chamber Singers
  - ♦ **APRIL 17, 11:30 a.m.**  
Regional Lunch, Molise, Italy
  - ♦ **APRIL 24, 1:00 p.m.**  
La Divina Book Club
  - ♦ **APRIL 24, 7:00 p.m.**  
Cena Fuori, Paesano Ristorante
  - ♦ **MAY 15, 12:00 p.m.**  
Regional Lunch, Arbëreshë
  - ♦ **MAY 22 7:00 p.m.**  
Cena Fuori, Antipasto Deli & Café
  - ♦ **June 2 12:00 p.m.**  
Festa della Repubblica
  - ♦ **June 22 2:00 p.m.**  
Scholarship Awards & Family BBQ
  - ♦ **June 24 3:30 p.m.**  
SF Giants Italian Heritage Night
- A complete Calendar of Events can be found on the IAHF website at [iahfsj.org](http://iahfsj.org)

RSVP by completing the enclosed event form or by contacting the IAHF office at 408-293-7122 or [iahfsj@sbcglobal.net](mailto:iahfsj@sbcglobal.net)

# March 2014

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16		18	19 Festa di San Giuseppe	20	21	22
23	24	25	26	27 BookClub Cena Fuori	28 Crab Feed	29

# April 2014

Sun	Mon	Tue	Wed	Thu	Fri	Sat
30	31	1	2	3	4 Mission Peak Singers	5
6	7	8	9	10	11	12
13	14	15	16	17 Regional Lunch 11am	18	19
Buona Pasqua! 	21	22	23	24 BookClub Cena Fuori	25	26
27	28	29	30			

ITALIAN FAMILY  
**FESTA**  
San Jose

SAVE THE DATE  
August 23 and 24, 2014

# “Comitato Culturale” — Cultural Committee

by Ken Borelli

We are starting 2014 with a revitalized "Comitato Culturale", or Cultural Committee. This year is also part of a national focus to promote the appreciation of the Italian language, throughout the many Italian American organizations. We want to invite you to be a part of our IAHF Cultural Committee. As a committee we will be working very closely with our IAHF language program, under the direction of Delia Schizzano, to try to promote more bilingual events along with our traditional focus on sharing our culture and heritage with the community. Several activities are already being lined up to promote our heritage. The role of the cultural committee is to work on these events, develop and plan new cultural activities, and engage in a dialogue about our heritage both as Italian Americans in Santa Clara County and nationwide. This is an exciting task, and if you are available to meet and be part of the planning committee consider contacting me through the IAHF office, as we schedule meeting dates.

Some very special activities that we are currently planning include a concert with the Mission Peak Chamber Singers, and the art of "A Cappella" on April 4, the performance will be followed by a reception with the artists. With its roots in the early Italian renaissance, the concert will trace its origins to the vibrant music of today, with modern "A Cappella" song. We are in the early stage of

planning a very special event, hosting a "Coro"/Chorus from Brento, Italy, located in the Italian Alps, make sure you put this on your musical radar, tentative date is Sunday April 27. This will most definitely be a bilingual event with our Italian language students and the Italian Cultural Institute, joining in to celebrate the rich vocal traditions of alpine Italy.

Along these lines, our Cena Fuori is visiting one of the oldest family owned delicatessens in the USA, Chiaramonte's Italian Market on 13th Street in San Jose. It was founded in 1908! The family has graciously opened up the deli for a special "cena fuori". Likewise our regional lunches will continue and for those who have not attended, we feature a region of Italy, a discussion of its history, and of course, a sample of its cuisine. These are very delicious and easy geography lessons. Personally, because of one of the lunch discussions, my interest was piqued to visit Matera Sassi in Basilicata last year, it was an unforgettable experience! We will be needing help with some of our cultural mainstays such as Festa della Repubblica on June 2 (this year dedicated to the memory of its former chair and board member Corrado Russo), opera night in December and a living tradition, La Festa di San Giuseppe on March 19.

An additional update includes a special acknowledgement and recognition of

the achievements of one of our nation and community's cultural lodestars, IAHF Patron, Irene Dallis, the founding director of Opera San Jose. Both Opera San Jose and the IAHF started about the same year, and each, in its own right, are an active part of the cultural life of the community. This year, Irene will be honored by a gala benefit to support Opera San Jose, sponsored by the Opera San Jose Board of Trustees. The arts have been hard hit by the past recession, and Opera San Jose is no exception, so one of the last official acts of Irene is to be honored at a Farewell Tribute Dinner on Saturday May 10th at the Sainte Claire Hotel. The dinner will follow the Irene Vocal Competitions held that same day. If you would like to be a part of this once in a lifetime experience, please see me as I will be hosting an IAHF table of 8 to 10 for the gala, tickets are \$300 a person, with \$100 being tax deductible. Many of the former stars of Opera San Jose from literally around the world will be at the celebration. If you have ever attended our Opera San Jose events and benefits, you certainly will recognize many of the performers. Because of all the activities surrounding Irene's retirement, the vocal competition, and Opera San Jose's spring schedule, there will be no springtime Opera San Jose benefit, even so, there will be plenty of opera in the community thanks to our resident company! I can be reached through the IAHF office.

## Italian Language - Celebrating Easter with Sayings

### ENGLISH

I'd like to wish you Happy Easter (informal)

Best wishes for Easter

I wish you and your family a very happy time at Easter (informal)

Christmas with family, Easter with friends (Italian saying)

### ITALIAN

Vorrei augurarti Buona Pasqua

Auguri di Buona Pasqua

Mi auguro che tu e la tua famiglia abbiate trascorso una Buona Pasqua

Natale con i tuoi, Pasqua con chi vuoi.

### PRONUNCIATION

Vorray aw-goo-rartee boo-ona pas-kwa

Ow-goo-ree dee boo-ona Pas-kwa

Mee ow-goo-row kay too ay la too-a fam -ee-lya ab-ee-atay tras-cor-sow oona boo-ona Pas-kwa

Nata-lay con ee tw-oe, pas-kwa con key vw-oy-ee

Pick a saying or a word phrase on the opposite page, learn it, come to an IAHF event and try it out. Don't be surprised if they respond back in Italian.

The only way to keep the Italian language alive is by using it. Please join us in our efforts.

## IAHF Scholarships 2014 — continued

(Continued from page 1)

ships Program is to foster in Italian American youth an appreciation for their heritage shown through an active support, interest and engagement in Italian language and culture.

Each scholarship has its own requirements. While candidates are no longer required to be related to an IAHF member to qualify for scholarship consideration, point preferences are given to a child or grandchild of an IAHF member. However, these point preferences alone do not solely determine an award. We urge all senior high school students or graduating community college students meeting the requirements to apply.

Requirement information and applications for **scholarships are available** online at the IAHF website: [www.iahfsj.org](http://www.iahfsj.org) or at the Italian American Heritage Foundation office located on



425 North Fourth Street, San Jose, CA 95112. Hours are Tuesday, Wednesday and Fridays from 10:00 a.m. to 4:00 p.m., 408-293-7122. Please address mail: "Attn: Scholarship 2014". **All applications are due no later than Monday, May 12, 2014.** Scholarship recipients will be presented their Scholarship award at the IAHF Sunday Family BBQ held Sunday, June 22, 2014.

Members, this is a wonderful opportunity to create a tribute to your family's name while helping to keep Italian American traditions alive. Become a scholarship donor today!

Grazie!  
Marie Bertola  
Scholarship Chairperson  
IAHF Board Member

## Join our Teacher / Counselor Network

Calling all Italian Studies teachers and academic counselors. The IAHF and the Consul General of Italy wants to support your efforts to preserve and continue Italian language and cultural studies in our schools, both private and public, kindergarten through college, including adult education programs. If you are teaching Italian or are advising students on a curriculum path please join us and network, share ideas, get the support of the IAHF and the Consul General of Italy.

We are also asking our reader to please share the name and email address of your Italian teacher with us. This will

help us build our network and work together with the Italian Consul General, Mauro Battocchi to promote the study of the Italian language and culture. We are aiming to gather together as many Italian teachers, counselors and education professionals as we can for a meeting of the minds!

Together we can make a difference to insure the study of Italian culture stays alive.

For more information or to donate to our Italian Studies Education Fund **contact Linda Binkley at [info@iahfsj.org](mailto:info@iahfsj.org).**

## Italian Language - Celebrating Easter with Words

English	Italian	Pronunciation
Happy Easter!	Buona Pasqua!	Boo-ona Pas-kwa
Palm Sunday	Domenica delle palme	Dom-en-eeca deh-lay pal-may
Good Friday (Holy Friday)	La Pasqua	La Pas-kwa
Easter Saturday (Holy Saturday)	Venerdì Santo	Ven-er-dee San-toe
Easter Sunday	Sabato Santo	Saba-toe San-toe
Easter Monday (Little Easter OR Lamb's Monday)	La domenica di Pasqua Pasquetta OR Lunedì dell'Agnello	La Doe-men-ee-ka dee Pa-skwa Pas-kway-ta OR Loon-ay-dee dell anyellow
Lent	La Quaresima	La Kwar-ay-see-ma
Easter egg	Uovo di cioccolatta OR Uovo di Pasqua	Oo-oh-vo dee choco-latt-a OR Oo-oh-voe dee pas-kwa
Easter cake	La Colomba	La Col-om-ba
Easter bunny	Il coniglietto pasquale	Eel coneel-yeto pas-kwal-ay
Easter candle	La candela pasquale	La can-day-la pas-kwal-ay
An Easter blessing	Una benedizione di Pasqua	Oona ben-dee-tsee-ownay dee Pas-kwa

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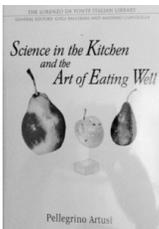
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# What's New at the Twila Venuti Library?

By Pam Oliver-Lyons, Library Coordinator

## Libri Di Cucina Per Tutti! Cookbooks For Everyone!

**St Joseph Altars** by **Kerri McCaffery** is a beautiful picture book with pictures showing New Orleans Italian American La Tavola di San Giuseppe (St Joseph's Table) feast day March 19 post Mardi Gras. Most of the book explains the tradition while the last quarter of the book has traditional feast day Sicilian recipes. The author is considered by many to be New Orleans top photographer. This book is a visual delight. A warning....it might make you hungry!



**Science in the Kitchen and the Art of Eating Well** by **Pellegrino Artusi** represents a foundational cookbook which chefs from around the world who are interested in Italian cooking study. Did you know that before the French, Pellegrino Artusi wrote the book on the scientific approach to cooking so popular today? This book is published by The Lorenzo Da Ponte Italian Library. Artusi's cookbook is part of a

heirloom tradition dating back 110 years. First published in 1891. Our library book is an English translation but the original book was the first cooking book written in Italian.

**Lidia's Italy: 140 Simple and Delicious Recipes From the Ten Places in Italy Lidia Loves Most**, by **Lydia Matticchio Bastianich and Tanya Bastianich Manuali** samples from Istria, Trieste, Friuli, Padova and Treviso, Piemonte, Maremma, Rome, Naples, Sicily, and Puglia. We all love Lidia! Did you know she grew up in Pula, Istria? The book is mostly delicious recipes with short regional introductions.

**Food and Memories of Abruzzo: Italy's Pastoral Land** by **Anna Teresa Callen** is written out of the memories and experience of a native of Abruzzo. She shares her culture and cooking secrets. Seems an appropriate selection for March as this is the birth month of the author. Pictures of the author as a child in Italy with family are shown in the Introduction. It is common knowledge, Abbruzzi are good cooks. Here is a chance to review some regional recipes.

## E Per I Bambini! And For Children!

**Cuochi Col Sale in Zucca** by **E. Bussolati and F. Buglioni** is an Italian language children's picture book. The age group is for 7 and up. Pictures of all the recipe ingredients with the Italian vocabulary in addition to the recipes are throughout the book. A wonderful way to spend a rainy afternoon with grandchildren, teaching them the language of their heritage. And as an added bonus, at the end of the lesson, you can share the homemade pizza you made together.



**The Silver Spoon for Children: Favorite Italian Recipes** by **Editors of Phaidon Press** is one of the gold standards in Italian cooking and this book is for children. "Teach your child to cook like an Italian!" the editors of this book exclaim. It is filled with pictures of each dish, and age appropriate directions with illustrations. Included are lunches/snacks, pasta/pizza, main courses (potato gnocci, polenta gnocci, baked eggplant with tomato, etc.) and desserts/baking. Mangia bene! Grades 4-8.

## Help the Twila Venuti Library

- ✓ Can you count?
- ✓ Can you measure using a ruler?
- ✓ We need you to help us with inventory of our photographs!
- ✓ You will see some great photos!
- ✓ You will have a great lunch!
- ✓ Do you have 3 hours, once a week for one month?
- ✓ Call Pam @ 408-693-9250

## La Divina Book Club Presents

**March 27, 1-3pm @ IAHF:**

**Saving Italy** by **Robert Easel** is Richard Stewart's choice for the month. It is a timely selection as the movie *Monuments Men* was shown in February. The book was a New York Times bestseller about the saving of Italy's treasures from Nazi looting during World War II. Refreshments provided. This book is available in the public library, Evergreen, MLK and Vineland, as well as for purchase at most bookstores and online.



**April 24, 1-3pm @ IAHF:**

**La Bella Lingua: My Love Affair with Italian, the World's Most Enchanting Language** by **Dianne Hales**. The presenter is Pamela Oliver-Lyons, Library Coordinator and beginning Italian student. It is hard to learn a new language but this book makes the journey so much easier. It is the story of one woman's successful mission to become fluent in Italian at middle age. Her love of the language makes this book seem like bilingual poetry. Join us to celebrate learning the world's most enchanting language! This book is available at public libraries, Berryessa, Cruz Alum Rock, MLK and Willow Glen as well as for purchase at most book stores and online.



"I am very proud of my Italian Heritage and my family's contributions over the years to Italian culture in the greater Bay Area. The IAHF is a wonderful opportunity for all of us to stay in touch with our roots and not forget where our families came from. I look forward to serving as Membership Chair and helping the organization improve. If I can ever be of any assistance to you, your family or your friends, please do not hesitate to get in touch. Grazie!"

-Mike D'Ambrosio

Realtor & Membership Chair of the IAHF-San Jose



**Mike D'Ambrosio**

Real Estate Broker

**Contact Me!**

**Mike D'Ambrosio**

(408) 357-6177

[mdambrosio@InteroRealEstate.com](mailto:mdambrosio@InteroRealEstate.com)

[www.MikeSellsWillowGlen.com](http://www.MikeSellsWillowGlen.com)

DRE # 01841982

*\*\*For every closed transaction referred by IAHF members, I will donate a portion back to the IAHF general fund!\*\**



# Member Spotlight

## BENVENUTI NEW MEMBERS

### NEW BUSINESS MEMBERS:

JP DiNapoli Companies Inc  
Calabrese Club

### NEW INDIVIDUAL/FAMILY MEMBERS:

Edward & Jennifer Bertaccini  
Joe Catania  
Giovanni Garcea  
Rita Horiguchi  
Vincent Lopopolo  
Kenneth Low  
Barbara Macias  
Carl & Bea Macina  
Giuseppe Macri  
Rosa and Rodolfo Morales  
Rebecca Morici  
Sue Murphy  
Vickie & John Rubbo  
Manuel Solis  
Tereshina Ward

## MEMBERSHIP DIRECTORY

The new membership directory will be coming out in late April, after we have processed all the 2014 membership renewal dues.

Included in the directory will be name, email and phone number. If that is ok with you then you **don't** need to do anything. Only contact us if you want us to exclude the following:

Exclude completely

Exclude phone number, list only email

Exclude email, list only phone number

Please email your exclusion request to [iahfsj@sbcglobal.net](mailto:iahfsj@sbcglobal.net) or call the office at 408-293-7122.

**PLEASE ONLY CONTACT US IF YOU WANT TO BE EXCLUDED!**

## MEMBERSHIP DUES

**DON'T FORGET TO SEND IN YOUR MEMBERSHIP DUES!**



**Mail in your check or pay online at [iahfsj.org](http://iahfsj.org)**

**Dues must be received by March 31 or membership benefits will be suspended.**

## GRAZIE MILLE to our 2014 Patron and Business Members

### PATRONS:

Audrey Adami & John Bonfiglio  
Richard Arzino  
Linda and Bob Binkley  
Joann and Roger Bjornstad  
Eloise Bouye  
Nina Boyd  
Rose Crimi  
Mike D'Ambrosio  
Frank De Turreis  
Maria Gloria  
Silvia Jercinovich  
Jim and Janice Jones

Cleo Logan

Pam and Steve Lyons  
Steve and Ellen Manganiello  
Bobby and Ruth Moorhatch  
John and Margeret Papp  
The Piazza Family  
Jacqueline Pighini  
Joanne and Eugene Sanfilippo  
Virginia Sincich  
Corinne Tomeo  
The Unger Family  
John and Marge Valente  
Tony Zerbo

### BUSINESSES:

Avalon Spa & Salon  
Calabrese Club  
Charles Gagliasso Trucking, Inc.  
DiNapoli Specialty Foods  
Emilio Guglielmo Family Winery  
Hillview Packing Co, Inc.  
JP DiNapoli Companies, Inc.  
Mezzetti Financial Services  
Robert Mezzetti Law Firm  
Palermo Street Foods  
Mark Rindge, D.D.S.  
Rosetta De Luca  
The Villages Italian Club

## Grazie Mille Ken Borelli

*submitted by Nancy Morreale*

The IAHF Board would like to extend an extra thank you to Ken Borelli for all his time, patience and assistance in helping transition our new board and it's leadership into 2014.

Ken has not only supported the board but has provided invaluable guidance to multiple chairpersons in an effort to help them as they carry on the programs and events that are offered at the IAHF.

For those that think Ken is going quietly into



*Ken Borelli, "nella cucina"*

the night, you couldn't be more wrong. You will still see Ken cooking in the kitchen, hosting the Cena Fuori dinners, organizing the cultural tent at the Festa, and at many of the events and programs happening at the IAHF. He is also going to chair our cultural committee.

For all your knowledge, experience, passion, energy and vision that you have brought and still bring to the IAHF we say, "grazie, saluti a Ken"!

**If you know of a member that should be recognized please submit the information to [news@iahfsj.org](mailto:news@iahfsj.org).**



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## IAHF Officers

Cleo Logan, *President*  
Joe Ponte, *VP Administration*  
Pamela Oliver-Lyons, *VP Promotions*  
Nancy Morreale, *VP Programs*  
Frank De Turrís, *Treasurer*  
Corinne Tomeo, *Secretary*

## IAHF Directors at Large

Maria Bertola  
Linda Gaudio Binkley  
Mike Console  
Steve Cornaglia  
Miichael D'Ambrosio  
Frank De Turrís  
David Perzinski  
Joe Rizzi  
Richard Stewart  
Corinne Tomeo  
Tony Zerbo

## IAHF Advisory Committee

Ken Borelli  
Denise and Sal Campagna  
Richard (Rich) Daulton  
Rod Diridon, Sr.  
Peter McHugh  
Josh DeVincenzi Melander  
Delia Schizzano

## Founders

Domenic Cirincione\*  
Victor Corsiglia, Sr.\*  
John De Vincenzi, Ed.D.\*  
Joseph Di Salvo\*  
Charles Falcone\*  
Sal Flavetta\*  
Joe Guerra, Jr.  
Michael Guerra\*  
Carl Lepiane\*  
Don Lima\*  
Larry Marsalli  
Rocci G. Pisano, Ph.D.\*  
Murphy Sabatino, Sr.\*  
S. M. Sanfilippo\*  
Louis Solari\*

## Past Presidents

**Don Lima (1975-1976)\***  
Murphy Sabatino, Sr. (1977)\*  
John De Vincenzi, Ed.D. (1978)\*  
Rocci G. Pisano, Ph.D. (1979)\*  
Richard Arzino (1980)  
Pat Restuccia (1981-1982)\*  
Philip DiGiovanni (1983)\*  
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Marge Valente (1989)  
Richard Bongiovanni (1990)\*  
Tony Zerbo (1991)  
Tony Virgilio (1992)\*  
Nick Lickwar (1993-1994)  
Sal Scrivano (1995-1996)  
Nick Lickwar (1997)  
Ed Foglia (1998-2000)

## Past Presidents (continued)

Phil Barone, Ed.D. (2001-2003)\*  
Sal Caruso (2004-2005)  
Marge Valente (2006)  
Nancy De Vincenzi Melander (2007-2008)  
Ken Borelli (2009-2013)  
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# La Festa di San Giuseppe (St. Joseph's Day)

by Linda Binkley

La Festa di San Giuseppe, (St. Joseph's Day) is also Italian Father's Day and La Tavola (the table).

There can be no doubt that the feast of St. Patrick on March 17 overshadows the month with its revelry, parades, bagpipers, green beer, men in kilts and general rowdiness. But for many Italian-American families, the best is yet to come, two days later, on March 19<sup>th</sup>, the feast of St. Joseph. St. Joseph was declared the patron saint of the Universal Church by Pope Pius IX in 1870.

In Italy this day of devotion traditionally follows a nine day novena followed by a Lenten feast. It is in honor of St. Joseph, the husband of the Blessed Virgin Mary who raised and protected Jesus, saw to his Talmudic education and trained him to be a skilled carpenter. Throughout the peninsula, this is Father's Day.

St. Joseph was not particularly revered in Italy until medieval times. Sicily was suffering from one of its legendary and biblical droughts, starvation was imminent. The villages joined together spiritually with the help of their priests and prayed to St. Joseph for deliverance. The skies opened, the rain fell, and the harvest, especially the fava har-

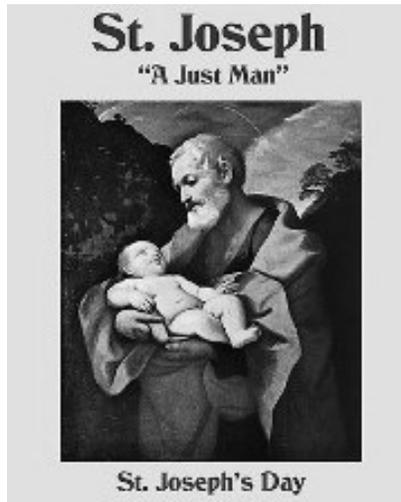
vest, was abundant and lives were saved. To this day, the fava bean is a good luck token in Sicily.

Since that time, communities in Italy, especially in the south, join together for a feast on St. Joseph's day. It is usually meatless because of the Lenten fast, it always includes fava beans in some form. The feast table is always in the form of a cross and is abundant with home-made food: pasta, sweets, fried fish, oranges and lemons and flowers and candles adorn it.

One interesting feature of a traditional Tavola (Table) is that the soups and pastas are sprinkled with breadcrumbs symbolizing sawdust because of St. Joseph's work as a carpenter.

Today, both in America and in Italy, the tradition is carried forward mainly by religious organizations and Italian clubs. St. Joseph of Cupertino church has a remarkable table, and the biggest city-wide event in the U.S. is in New Orleans, complete with huge tables and a parade. St. Patrick, move over!!!

**Come celebrate at the IAHF, March 19, 10:30 - 3:00.  
Door open 10:30, Mass 11:00, lunch served at 12:00.**



## Italian Braided Easter Egg Bread

recipe by Marpolet

Makes 1 - 1 pound loaf

- 2 1/2 cups all-purpose flour, divided
- 1/4 cup white sugar
- 1 teaspoon salt
- 1 (.25 ounce) package active dry yeast
- 2/3 cup milk
- 2 tablespoons butter
- 2 eggs
- 5 whole eggs, dyed if desired (do not pre-cook)
- 2 tablespoons butter, melted
- Colored sprinkles (optional)

In a large bowl, combine 1 cup flour, sugar, salt and yeast; stir well. Combine milk and butter in a small saucepan; heat until milk is warm and butter is softened but not melted.

Gradually add the milk and butter to the flour mixture; stirring constantly. Add two eggs and 1/2 cup flour; beat well. Add the remaining flour, 1/2 cup at a time, stirring well after each addition. When the dough has pulled together, turn it out onto a lightly floured surface and knead until smooth and elastic, about 8 minutes.

Lightly oil a large bowl, place the dough in the bowl and turn to coat with oil. Cover with a damp cloth and let rise in a warm place until doubled in volume, about 1 hour.



Deflate the dough and turn it out onto a lightly floured surface. Divide the dough into two equal size rounds; cover and let rest for 10 minutes. Roll each round into a long roll about 36 inches long and 1 1/2 inches thick. Using the two long pieces of dough, form a loosely braided ring, leaving spaces for the five colored

eggs. Seal the ends of the ring together and use your fingers to slide the eggs between the braids of dough.

Preheat oven to 350 degrees F (175 degrees C). Place loaf on a buttered baking sheet and cover loosely with a damp towel. Place loaf in a warm place and let rise until doubled in bulk, about 45 minutes. Brush risen loaf with melted butter. Add sprinkles if desired.

Bake in preheated oven for 50 to 55 minutes, or until golden.

Buona  
Pasqua!

