



IAHF NEWS



A CHRONICLE OF ITALIAN AMERICAN LIFE IN SANTA CLARA COUNTY FOR OVER 45 YEARS

ITALIAN AMERICAN HERITAGE FOUNDATION • ESTABLISHED 1975 • FOUNDED AS NONPROFIT 1976

425 N. 4TH STREET, SAN JOSE, CA 95112 • (408) 293-7122 • TAP HERE FOR WWW.IAHFSJ.ORG

LUCIA CLEMENTI / IAHF NEWSLETTER EDITOR-IN-CHIEF



PRESIDENT'S MESSAGE ~

Happy New Year!

With 2022 in the rear view mirror, we are looking forward to an exciting year here at the IAHF! At the beginning of each year, you always hear people talk about "new year, new me." Well, same goes for the IAHF. During the months of January and February, we will be starting some improvement projects for our building. The Board is currently reviewing quotes to remove all the old carpet and install new flooring, as well as working on securing a contractor to install an ADA restroom.

In addition to those two projects, you'll soon notice that the canopy has been replaced at the front of the building. I'd like to thank those who have given financially over the past year to be able to start on these projects. At the time of writing this article, we received two more gifts of \$500 each in December to be put towards our Building Revitalization Fund. There are still a couple of projects that we'd like to be able to start this coming year: a new roof and a new HVAC system. These can only be accomplished by our members giving towards these projects. Would you please consider what you can do to assist us? Last year I proposed a monthly gift of \$100 or a one-time gift of \$1,200 to be designated for this Fund. Every gift given, no matter how great or small, will help us improve our building! Very few organizations have the privilege to own their own building. My goal is to have these improvements made while I'm President so the generations to follow will be able to enjoy and not have to worry about major repairs.

Membership Directory

We've had a few requests to restart the Membership Directory. The last time there was one printed was back in 2016. If you've recently renewed, you will have noticed a box to check if you'd like to be listed in the Membership Directory. The information that will be shared will be a contact number and an email address. If you've not yet renewed, please take a moment to complete the Membership Form mailed to you, go online or call the office. The Directory will be for our members only use.

Ride Share

I'd like to remind everyone that if for some reason, you're not able to get to an event, please call the office and we will try to pair you up with someone in your neighborhood. Also, we're looking for those who would be willing to pick up these members who aren't always able to drive. You can make these requests simply by calling the office and speaking with Stanley.

Thank You!

I'd like to thank everyone for making my first year as President a truly memorable one! Thank you for your words of kindness and encouragement. I truly enjoyed getting to talk to you and meeting many new people. Thank you also for being patient with me as I'm still learning lots of new names and faces. If we've not yet met, I encourage you to come up and say "hi"!

-- Dana Zuccarello, President *

The Board of Directors would like to wish the IAHF membership a happy and healthy New Year!

EVENTS

AT

A GLANCE

SEE PAGE 3 FOR MORE INFORMATION

- January 29, Sun / 3 PM / Mission Chamber Orchestra presents Italianita in the Americas / At the Hall / See page 5 for more details
- March 19, Sun / St. Joseph's Day Celebration / Details to follow

UPCOMING EVENTS

- Lecture by San Jose State University Professor Bill McCraw on the recent elections in Italy.
- Crab Feed
- Polenta Dinner Dance

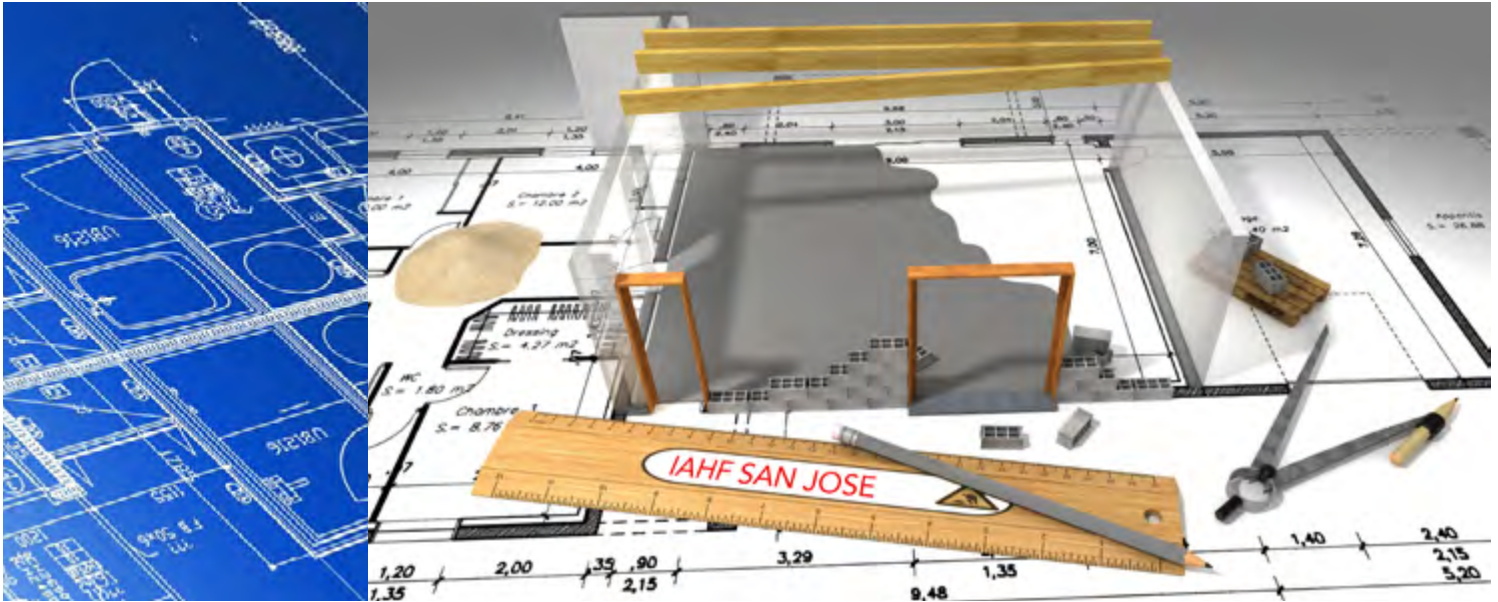
SAVE THE DATE!!

- Italian Family Festa / August 5 & 6 / History Park San Jose

ONGOING ITALIAN LANGUAGE CLASSES

- See page 4 or visit the IAHF website at <https://www.iahfsj.org/italian-classes> for information and to register





OUR REVITALIZING PROGRAM HAS BEGUN

Our humble beginnings . . .

As many read this article, you will personally remember when the Italian American Heritage Foundation was founded as an organization in 1976. Throughout the next eight or nine years, the IAHF was able to raise large sums of money to purchase our current property at 425 North Fourth Street. Since then, we have held countless events spanning almost four decades celebrating our Italian history and culture. The heartbeat of the IAHF.

Our realistic present . . .


As the pandemic is (hopefully) in our rearview mirror, the Board of Directors and all our wonderful volunteers at the IAHF are doing everything in our power to bring back our celebrated events and striving to create new events. There seems to be an excited spirit amongst our members as I'm able to speak with them at our events that we've held so far. I also hear of positive reports from other members, both Board and membership, about the joy of meeting back in person and enjoying each other's company.

All the while, our building needs major improvements. The BOD has met and is in discussion about the improvements we need for our building. Some of those improvements are as follows: new HVAC, new flooring, new roof, electrical upgrade, ADA restroom compliance and a new canopy, just to name a few. I have been scheduling vendors to come in and look at the various items on our list of capital improvements to get ballpark quotes. When the HVAC contractor came and looked at the units up on the roof, the first words out of his mouth were "It's a miracle your HVAC has lasted this long." Being able to do all of these things will improve our building and secure it for future generations to come. Just as countless others have done so for us back in the 70s and 80s.

Our hopeful future . . .

Now I turn to our current membership and ask everyone to consider what you can do to support our revitalization fund, not only now but in the future! I'd like to start a revitalization fund campaign so we can move ahead on our capital improvement projects. I am looking for at least 100 people to join with me and commit to give \$100 over the next 12 months or a one-time gift of \$1,200 for the next year. There may be some members who can give much more than this and there may be some members who can give maybe \$25 or \$50 a month. This revitalization fund campaign will be called The President's Club and our sole purpose will be to raise funds so the future generations to come will enjoy this building just as you and I have enjoyed it all these many years.

Please take a few moments and consider what you can give.

Dana Zuccarello, President 



JANUARY

January 29, Sunday / 3 p.m. – Mission Chamber Orchestra presents *Italianita in the Americas* / \$25 for general, \$20 for seniors (age 65+) \$15 for students to age 25, and \$10 for children under 12 / At the Hall / See page 5 for more details / Tickets at: www.missionchamber.org/events-tickets/ or call the office (408) 293-7122

MARCH

March 19, Sunday / *St. Joseph's Day Celebration* - Details to follow

UPCOMING EVENTS

- Lecture by San Jose State University Professor Bill McCraw on the recent elections in Italy, and the Italian parliamentary system. Crab Feed
- Polenta Dinner Dance

SAVE THE DATE!!

- Italian Family Festa / August 5 and 6 / History Park, San Jose

ONGOING LANGUAGE CLASSES

- Monday and Wednesday / 6 PM / Marie Dalldorf teaches Italian Language Online Zoom classes / Zoom Link: <https://us02web.zoom.us/j/84929597554>
- Intermediate Italian Conversation / 10 to 11:30 AM / Every Wednesday, with Delia Schizzano / In-person class



PEDRO & PIZZA EVENT!

The IAHF will be coordinating a winter Pedro card game series. Please call the IAHF if you are interested in joining. Pedro is a game with two people on a team. It was a very common card game up until the age of computers. We have found an instructor and want to develop a list of those interested in playing. Simply call the IAHF noting your interest and we will be in touch as we organize a class based on interested members. -- Article by Ken Borelli ~

The
IAHF
Needs
YOU!



We have an immediate opening for the 2023 Board of Directors. Members of the IAHF Board of Directors serve an important function in guiding our organization and making important decisions that affect our members and activities. It is essential that members of the Board of Directors have qualifications and experience that will foster new ideas for the growth of the IAHF.

- Do you have an interest in preserving our Italian history and culture?
- Do you have an interest and willingness to work to further the image of Italian Americans in Santa Clara County and the Bay Area?
- Do you have experience as a volunteer with an organization or company that provides services for the betterment of the community?

- Are you available to attend monthly Board Meetings as well as accept assignments relating to IAHF committees and activities?

If you answered "yes" to any of these questions, we'd love to hear from you! If you are interested in becoming a Board member, you can read the qualification guidelines and complete the on-line application. Once you've completed your application, all applicants go through a screening process and meet with the Nominating Selection Committee for an interview.

If you would like more information about becoming a Board member, please feel free to contact me at louie.lombardo@iahfsj.org.

– Article by Louie Lombardo / 4th Vice President ❄️

• PLEASE WELCOME OUR NEWEST MEMBERS •

• AS OF JULY 2022 •

- | | | | |
|--|---|---|---|
| <ul style="list-style-type: none"> • Debbie Amirhosseini • Robert & Erin Basso • Anthony Bontempi • Monique & Scott Brown • John & Tina Bursese • Maria & Jim Burrus • John & Tina Bursese • James A. Canger • Lynn Ferrer-Casados • Paula & George Roush • Nico & Elvira Discenza • Karen & Michael Dobmeier • Paulette Giampietro Doyle • Michael Angelo Festa | <ul style="list-style-type: none"> • Michael & Mary Franciotti • Brenda & Rhonda O'Neal Fultz • Patricia Galiano • Erik Gambatese • Peter Guglielmino • Jeff & Megan Hicks • Chloe Hotwani-Nelson • Richard & Dianne Langone • Kim Loquaci • Kelly E. Raye Martilli • Lynda Maynard • Denise Merrill • Janice & Philip Meyer | <ul style="list-style-type: none"> • Rosemary & Gary Moiseff • Deb & Ernie Monelo • Kimberly & Jeffrey Moore • Kenneth & Leslie Newington • Carl J. Palermo • C.J. Palmisano • Bina Patel • Yazmin Pease • Lisa & Vico Piccinini • Dolores Pioli • Vicki Pope • Paul Pratico • Dominic Pratico | <ul style="list-style-type: none"> • Lance & Michelle Sandri • Vicki Seelig • Joseph & Leslie Santomieri • Sergio Serna & Rachel Castro • Gina Sitte • Suzanne & Tim Smith • Stephen Tritto • Elizabeth Urbach • Suzanne Goodwin Wang • Denise & Seth Wax • Nadine A. Weil • Davide West • Loren & Claire Wright |
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• GRAZIE 2023 BUSINESS MEMBERS •

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|---|---|
| <ul style="list-style-type: none"> • Rosetta De Luca / Intero Real Estate • Diane Ferrara / Hillview Packing Company, Inc. • SDS NexGen Partners & Mulcahy Family / SDS NexGen Partners LP • San Jose Chamber of Commerce / San Jose Chamber of Commerce • Myrlin & George Taddie, Jr. / Tadco Supply (Janitorial, Paper, Lighting Supplies) | <ul style="list-style-type: none"> • Al & Diana Vallorz / Mangia Tutti Inc dba Tony & Alba's Pizza & Pasta • Kathy & Karl Winkleman / Gioia Company • Stephen Tritto / The Villages Italian Club • George Guglielmo / Emilio Guglielmo Family Winery • Kenneth & Leslie Newington / Serenity Studios Skin & Body • Jim & Janice Jones / Custom Pad & Partition Inc. |
|---|---|

• GRAZIE 2023 PATRON MEMBERS •

- | | | | |
|--|---|---|---|
| <ul style="list-style-type: none"> • Sal Alini & Soly Paterson • Maria Cancilla-Bandy • Linda & Bob Binkley • Joseph Bogusky • Nina Boyd • Carl & Norma Brannon • Ruby Brooks-Domino • Robert Brower & Mary Reynolds • Sandy & Chris Carvalho • Dr. Anthony & Clare Cedolini • Rene & Michelle Celsi • Dorina Teresa Cereghino • Lucia Clementi & Dave Perzinski • Tina & Paul Coghlan • Franca Cozzitorto & David Lovelace | <ul style="list-style-type: none"> • Vince & Colleen Cortese • Maryann & Jim DiBona • Robert and Valerie Facchino • Sandra & Brian Faircloth • Cornelius Fiocco • Anthony & Pamela Galano • Peter & Marjorie Gaudio • Judge Al & Vera Girolami • Paul & Jenna Greco • Emilio Guglielmo Family Winery • Charles P. Gullo, Jr. • Mark & Andrea Kenter • Mark & Jeanne Lazzarini • Kathy & Larry Lohman • Louie & Marca Lombardo • Tony & Lorraine Maciejowski | <ul style="list-style-type: none"> • Peter & Norma LoPresto • Susan & Steven Minor • Sue & Chris Monahan • Nora Monette • Kimberly & Jeffrey Moore • Col. Bobby B. Moorhatch • Rebecca & Anthony Morici • Tony Nespole, M.D. & Billie J. Sgarlato • Maryanne Nola • William J. Palley & CJ Liang • Bob Paradiso & Patricia Pangrac • Kevin & Rose Pezzaniti • Joe & Linda Pfahl • Patricia & Walter Phillips • Tony & Martha Piazza • Camie Piccolo & | <ul style="list-style-type: none"> • Michael Nicholson • Jimmy Pignone & Leslie Snow • Michael & Emily Ray • Francois & Beth Rodigari • Paolo J. Romano • James Sanfilippo, DDS & Gail Hunter • John & Marjorie Scandizzo • Joseph & Leslie Santomieri • Virginia M. Sincich • Paul & Mary Stabile • Janis & Butch Stumhoffer • Joan & Mary Taft • Al & Diana Vallorz • Karen Vanderpan & John Dods • Anthony J. Zerbo |
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• SUPER IAHF MEMBERSHIP •

We would like to acknowledge the generosity and support of the following members who have gone the extra mile to support the IAHF. These are difficult times for businesses to maintain financial strength. And as a non-profit business, this extra help improves our financial standing and keeps our mission alive and well.---Thanks!!!

LA DOLCE VITA / \$3,000 LEVEL

- Mike Console
- Felix and Marie Dalldorf
- Ebe Frasse

MEDICI / \$500 LEVEL

- Jo Ann & Roger Bjornstad
- Ann & Ricardo Cerniglia
- Dominic & Suzanne Cortese
- Rose Crimi
- Frank DeTurris Sr.
- Maria Gloria
- Larry & Diane Lovaglia
- Marilyn Payne
- Joe & Judi Rizzuto
- Juliana Severo

DA VINCI / \$250 LEVEL

- Joyce Allegro & Jerry Sheridan
- Anthony Barajas
- Leslie & Jay Berger
- Eugene & Christine Bernardini
- Lisa & Robert Blickenstaff
- Ken Borelli
- Agostino Burzio
- Sal & Denise Campagna
- Sue Cancilla-Conde & Saul Conde
- Frank & Theresa Cetani
- Alfio & Gerry Crema
- Gwen Benassi & Rich Daulton
- Joe & Cathy De Maria
- Frances Di Salvo
- Al & Kathy DiFrancesco
- Rod Diridon Sr & Gloria Duffy M D

- Mel DiSalvo & Anna Sordello
- Frank Fiscalini
- Steve & Phyllis Hallgrimson
- Steven & Alma Landi
- Joe & Kaye Lucito
- Sharon McCray & Robert Martinez Jr.
- Janet Muscio & Bill McCraw
- Carmine & Stacey Ann Napolitano
- Michael & Gail Paccioretti
- Marge Papp
- Mario & Karen Piergallini
- Stephen & Katherine Ricossa
- Richard & Genevieve Rolla
- Lance & Michelle Sandri
- Janice & John Travis
- Nanci Arata Wilborn
- Dana R. Zuccarello & Andy Aguirre

-- Article by Dave Perzinski / Membership Chair ✨



LEGACY CIRCLE



THE FOLLOWING MEMBERS CHOSE TO HONOR THE CONTRIBUTIONS OF THE IAHF TO THE COMMUNITY WITH A REMEMBRANCE IN THEIR ESTATES

- ◆ LINDA & BOB BINKLEY ◆ ROSE CRIMI ◆
- ◆ MADELINE DAMIANO & GILDA DE SIMONE-GROCCIA ◆
- ◆ STANLEY OLIVAR ◆ MATILDE & ITALO OLIVERIO ◆

PLEASE CONSIDER BECOMING A LEGACY CIRCLE DONOR. CONTACT LEGACY@IAHFSJ.ORG FOR MORE INFORMATION.

Excuse Our Dust!



During the months of January and February, the IAHF will be working on a couple of construction projects to improve our facility. During this time, we will still hold selected events. We hope that you understand that we will not be fully operational throughout this time period. Thank you for your patience! ✨

IAHF BOARD OF DIRECTORS 2023

IAHF OFFICERS

- Dana Zuccarello - *President / Chief Executive Officer of the Corporation*
 - Ken Borelli - *1st VP / IAHF Events (including Annual Italian Festa) / Cultural Activities / Grants*
 - Azie Habib - *2nd VP / Building Administration and Maintenance / Hall Rentals / Bar*
 - VACANT - *3rd VP / Marketing / Advertising / PR / Website / Social Media*
 - Louie Lombardo - *4th VP / Human Resources / Volunteer Development / Library and Archives / Succession Planning*
 - Frank De Turrís - *Chief Financial Officer / Treasurer*
 - Sharon McCray - *Secretary to the Board*
-
- Dave Perzinski - *Membership*
-
- Mary Pizzo - *Newsletter*

IAHF DIRECTORS AT LARGE

- Marie Bertola - *Board Member*
- Madeline Damiano - *Board Member & Librarian*
- Elise Habra - *Board Member*
- Frank Locicero - *Board Member*
- Joe Lucito - *Board Member*
- Susan Monahan - *Board Member*
- Steve Ricossa - *Board Member*
- Nanci Wilborn - *Board Member*
- Tony Zerbo - *Board Member*

IAHF Launches Scholarships for 2023



The Italian American Heritage Foundation (IAHF) is pleased to announce the continuation of its scholarship program. Scholarships are available to 2023 graduates of Italian descent or the child or grandchild of a current IAHF member in good standing. These scholarships are targeted toward students enrolled in high school, community college, undergraduate or graduate studies students planning to attend an institution of higher learning, including vocational school.

Three types of scholarships are available: merit-based, need-based, and Il Cenacolo to students in all disciplines and majors. These scholarships are focused on helping Italian Americans expand their educational goals. A commitment to a major or minor in Italian Studies will receive greater consideration but is not required.

Applicants will be asked to reflect on their future goals, and how their heritage has played a role in their decisions. They will be asked to share their vision of how receiving this award will assist with the applicant's academic and career goals.

The IAHF website is at <https://www.iahfsj.org/scholarships> and provides information about the specific criteria, instructions, and required documents. The site also includes the online Google Forms Application.

Applications will be available beginning January 2, 2023. Scholarships are due March 31, 2023. The awards ceremony will be held in mid-June. Any questions should be directed to the scholarship chair, Marie Dalldorf at mrdalldorf@gmail.com.

-- Article by Marie Dalldorf ~

BIRTHDAY & ANNIVERSARY ANNOUNCEMENTS



Attention all members, new and renewing!

Our 2023 Newsletters will have a section to announce members' birthdays and/or wedding anniversaries. We plan to start publishing this in the upcoming months of the IAHF NEWS.

If you do not want your birthday or wedding anniversary announced, you can make note on your membership renewal form. If you have already renewed and you do not want your your birthday and/or wedding anniversary announced, please contact Dave Perzinski at perzinskidavid@gmail.com or Louie Lombardo at louie@4lombardos.com.

-- Article by Elise Habra 🌸

Mission Chamber Orchestra

AT THE IAHF

JANUARY 29, 2023

Save The Date



The Mission Chamber Orchestra has finalized its programming for a special "Italinaita in the Americas" concert at the IAHF on Sunday, January 29, at 3:00 PM. The concert promises to be innovative, diverse and engaging for a wide range of musical tastes. It also highlights Maestra Ray's long-time commitment to contemporary music, composers, and her support of Italianita in her repertoire. This is the orchestra's 26th season. Through the years, they have enriched the cultural life of our Valley with amazing performances. In the past, IAHF members have attended some as field trips. Next year, they will be at the IAHF.

The program selection has been finalized and includes, Romeo Casarino's concert premiere, "Prospice," Louise Canepa's "Nostalgia," Joseph Curiale's "Wild River," the first movement from a horn concerto by Henry Mollicone, "Libertango," by Astor Piazzolla, John Corigliano's "Elegy," a World Premier "Divided II. Duetto Lontano" by Alex di Guisepppe Goodhart and Luis Gianneo's "Pericon': Danza Argentina."

The Concert is a part of the 2022-23 Season and individual tickets can be purchased for this event online and at the IAHF. In addition, the entire season for the Mission Chamber Orchestra can be viewed at www.missionchamber.org/ should you wish to attend other performances by the Orchestra.

Individual ticket prices for this event are \$25 for general, \$20 for seniors (age 65+) \$15 for students to age 25, and \$10 for children under 12. For this concert, a limited number of musical scholarships are available to defer any hardships. Contact the IAHF at 408 293-7122. Ticket sales can be purchased at the IAHF through Tuesday, January 24th, 2023, or you can access the orchestra site at www.missionchamber.org/events-tickets/.

-- Article by Ken Borelli ~

The Orchestra [DECONSTRUCTED]

During the Covid lockdown period, the Mission Chamber Orchestra, who will be performing at the IAHF on Sunday, January 29, 2023, made a teaching video composed of performers explaining their instruments. It's an excellent and timely introduction to the various components of an orchestra. It was shared by IAHF member Maestra Emily Ray. She noted:

"The video our musicians made is called The Orchestra [Deconstructed]. It is on the orchestra's YouTube channel and available to anyone. There are time stamps so people can watch particular sections and not have to watch the whole video in one sitting, as it is around an hour and 47 minutes. Here's the link: [The Orchestra \[Deconstructed\]](#). Take good care, Emily Ray"

-- Article by Ken Borelli ~



With Sympathy

As we go to press our IAHF family was made aware of three recent passings this month: Janice Jones, Joseph Fasano, and Jim Noether. They all participated in the life of the IAHF in many ways. We do not have specific details of the funeral arrangements, however, our love and condolences go out to their respective families. -- *The Editorial Staff* 🌿



It's Membership Renewal Time

First of all, I want to thank you so much for your support this past year. Your donations really make a difference and help keep us above water. This year we were able to buy much needed new chairs, a refrigerator and an espresso machine for our events. Please renew your membership early so that we can keep bringing you all of our events, scholarships, newsletters and classes. Because of you, we are keeping Italian culture alive in San Jose.

Please renew your membership online today at
<https://form.jotform.com/70946201067150>

-- Article by Dave Perzinski / IAHF Membership Chair 🌿

PERSONAL NOTE



*La Sacra Famiglia,
benedicici.*

— STANLEY OLIVAR —

The views expressed in Personal Notes are those of the authors. They do not purport to reflect the views of the IAHF or its members

NAME-A-CHAIR PLAQUES

The plaques have just arrived and we will start installing them on the chair backs in the near future.

Thank you for your patience.

-- Article by Nanci Willborn 🌿

2022 IAHF PATRONS' DINNER

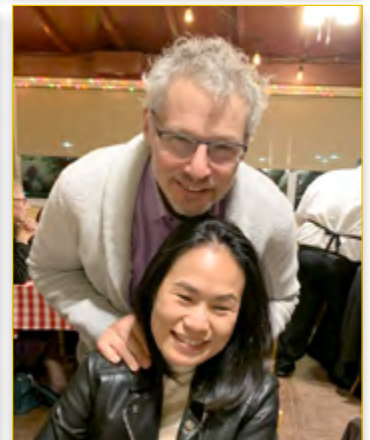
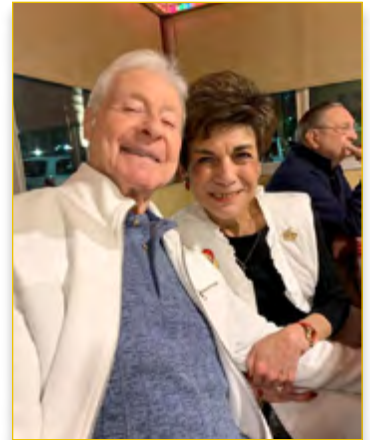


Our Annual Patrons' Dinner was a big success. Each year, we honor our Patrons and Super Donors at a dinner. This year, our dinner was at Giorgio's in Milpitas. The dinner provided a good opportunity for our Patrons and Super Donors to meet, greet and enjoy conversation and camaraderie.

Giorgio's provided a delicious meal served family-style of Bruschetta, Sausage Bread, Penne Calabrese, Mostaccioli di Bari, Eggplant Parmigiana, Chicken Toscana and Tiramisu. In addition, because it was Linda Binkley's birthday, Bob and Linda brought a beautiful chocolate cake that was shared with all.

As I said, it was a great success and a very fun event.

— Article by Dave Perzinski / Photos by Stanley Olivar ↪



CELEBRATING *Festa Di Natale*

Among the hustle and bustle of the holidays, we at the IAHF were able to make a bit of time to just share an intimate lunch for about 90 people. The Festa di Natale lunch was truly a home for the holiday get-together with both old and new friends.

The activities included a special lunch, door prizes, and a video showing Christmas in Italy, created by our video guru, Dave Perzinski. In addition "hot off the press" at the luncheon, the Honorary Vice Consul of Italy in the South Bay, and former president of the IAHF, Sal Caruso presented to the IAHF and its president Dana Zuccarello, a resolution from the City of San Jose, proclaiming in 2023, the month of October, Italian Heritage Month! This was a welcome surprise and a fitting forum to share this wonderful gift of heritage. Kudos to Sal for all his work in securing the resolution; a true gift of heritage. In addition, we at the IAHF were able to collect food and toys to be distributed to local charities for the holidays.

The lunch, itself included a Sicilian-style green salad with finocchio and orange slices, appetizers, a hearty classic Italian wedding soup, and a fillet of pork roast with green beans, with cannoli and torrone for dessert. A short comment about the "wedding soup". The Italian term "minestra maritata", literally translated into English is "wedding soup"; however, in Italian culinary jargon, it refers to a marriage or blending of green herbs in a rich "minestra" or broth, and not to a soup served at a wedding. It is one of those dishes that is universally popular in Italy, but naturally, each region has its

own preferences and styles, but the common denominator is the use or "marriage" of greens in the soup. For our lunch, we used spinach, and small homemade meatballs, some with chicken and some mixed with beef. Regardless of your preference, it's one of those dishes that is very healthy and packs a vitamin wallop! We may consider doing a class in its prep when we resume our cooking classes in 2023.

Generally speaking, all our lunches use primarily fresh ingredients. These menus may seem deceptively simple but each dish required much prep time, and about 2 days' worth of work not to mention collecting all the correct ingredients. The holiday lunch was in essence a labor of love, and joining us in this love fest were Joe Lucito, Christi Gilcrest, Nora Monette, Rebecca Morici, Sandi Strouse, Stanley Olivar, Lucia Clementi, Dave Perzinski, Nanci Wilborn, and yours truly. (taking a short break, but also to be acknowledged was Kay Virgilio). As we go into 2023, we want to wish you a wonderful 2023, Also I want to welcome you to join our culinary team or if you have a favorite dish from a region you wish to share at the regional lunches, contact me at the IAHF. What makes the lunches so unique is their grass root focus. We try to present the amazingly diverse cuisine of Italy, and the food we grew up with, which can be quite different from the normal restaurant fare.

-- Article by Ken Borelli / Photos by Stanley Olivar 🌸





SOCCKER'S WORLD CUP 2022

If the World Cup final games weren't exciting enough, Lionel Messi is now considered one of the sport's greatest players. That position was solidified with Argentina's win over France in a penalty play shoot-out. The game itself will be replayed and reviewed for many years to come. It's a game of legends. Messi is a citizen of Argentina, Spain, and Italy. Part of his family has roots in the Marche region of Italy. In truth, what a game for both France and Argentina. They fielded amazing teams. I happened to be in Florence when Italy won the world cup and it was an unforgettable and unbelievable experience, so I can only imagine what happened in Buenos Aires, and all of Argentina that week. If you happen to glance at Argentina's national team roster, it is a timely reminder that the Italian American immigrant experience impacted both North and South America. Likewise, many of our IAHF members have roots not just in the boot, but in the Rio de la Plata, too. And by way of a preview, Astor Piazzolla and Luis Gianneo, two of the composers of pieces that will be performed in our all-Italian American Concert at the IAHF by the Mission Chamber Orchestra on January 29, 2023, also come from Argentina. That event will be an amazing experience too. PS, don't want to forget to mention the Italian, and Argentine roots of our current Pope...I wonder if he was able to watch that game in strict nonpartisanship? Only the "tele" knows!

"Ole', Ole' Argentina!" -- Article by Ken Borelli ~

THE HOLIDAY CHRISTMAS PARTY ROCKED!!

It's been a long while since the IAHF has been able to hold a Christmas Party. On Sunday, December 4th that all changed as we dined to a delicious meal catered by George Nobili's famed Vito's Trattoria. The meal included antipasti, fresh spinach salad, a choice of Eggplant Parmigiana with penne pasta or Chicken Vodka with pasta, and a cheesecake with berry or chocolate sauce.

To help us burn the calories we danced to the music of Duke Mantee and the Gold Money Band. The late afternoon event was well attended, and it was so special to con-

nect and enjoy seeing old friends and making new ones too.

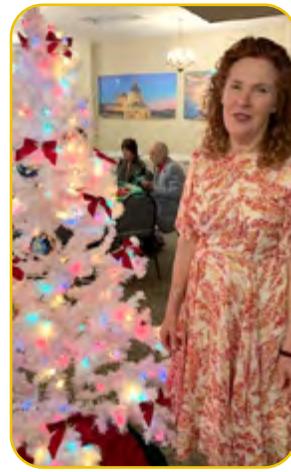
As we go into the new year event cycle, we hope to have more late Sunday afternoon family activities such as the Holiday Dinner Dance with a variety of local talent and themes. One very exciting result of the holiday dinner dance was having musical groups that appeal to a wide age range.

We want to build upon that experience with additional Sunday family venues and certainly would appreciate your input and suggestions for future activities.

We would welcome any additional help in planning future activities. We also have an amazing cadre of talent within our membership rolls. John Francis Maggio "aka" Duke Mantee for one. Not to mention the personal connections that are represented in the upcoming special Symphonic Concert on Jan 29th, 2023 which will be touched upon in a separate article.

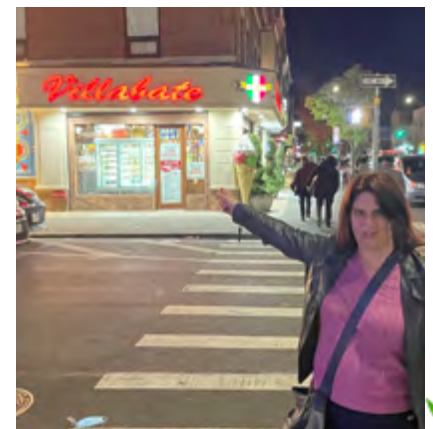
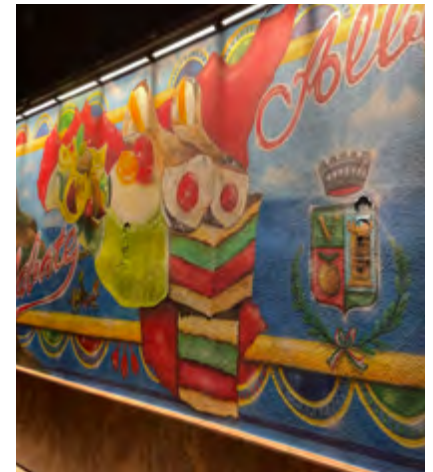
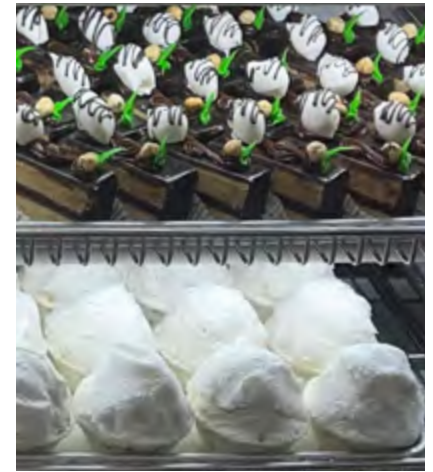
Wishing you a very creative and joyful 2023. But still, where has all the time in 2022 gone? -- Article by Ken Borelli / Photos by Stanley Olivar and Lucia Clementi 🎄





Villabate Alba

My visit to the Italian Bakery in Bensonhurst



Brooklyn's a huge borough of New York, and Bensonhurst is one of its many unique neighborhoods. When my boyfriend and I booked a night at the Holiday Inn in NYC, we used the Express Jamaica-JFK Train to get into Manhattan without a car.

I struggled to find the best subways to take because the NYC subway system makes BART's coverage area look like a quaint hamlet. Luckily, good ol' Google Maps told us which lines to take to get to the destination. We walked a half mile to the Jamaica stop to get on the Long Island Railway to go west. Then at one stop we had to change trains to catch the N-line subway. We walked up and down stairs about 4 times for this transfer. When we got off at 18th Street we still needed to walk several blocks to get to our destination.

Villabate Alba is a bakery I followed on Facebook and Instagram for a couple years. I had to trek through several feet of snow to get to this place. I bought \$111.00 worth of mini pastries and cookies, and my boyfriend helped me out by taking the photos.

They serve Cassata cakes wrapped in a thick green marzipan with a cherry or sugar fruit in the middle. They had big ones and small ones. These are cakes you will NOT find in the entire Bay Area. I purchased 5 of the mini ones.

Next, were lovely dark chocolate covered mousse like cakes with a mouse face decorating on top. Sfogliateli are lobster cream rolls, and lots of cannoli (which are not in the photos) have a maraschino cherry or another candied fruit at each end.

Villabate Alba's delicacies include mini tiramisu, huge marzipan frutta martorana, Neopolitan biscotti, orange almond flavored cookies, Linzer tarts, pignoli, pistachio and raspberry flavored almond cookies, rainbow cookies, Rococo, jam filled vanilla sandwich cookies, chocolate dipped butter cookies, almond flavored cookie white chocolate dipped, amaretti, cuccidati, and many more!

I carried a bag of big boxes on two trains back to the hotel. These pastries went through JFK's TSA security checks and then sat on the floor of the plane guarded by my feet.

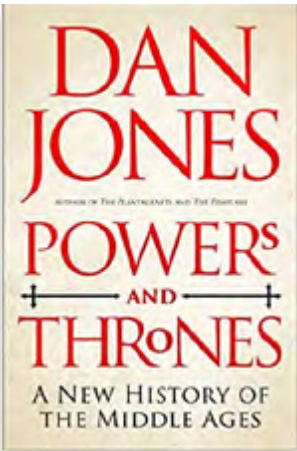
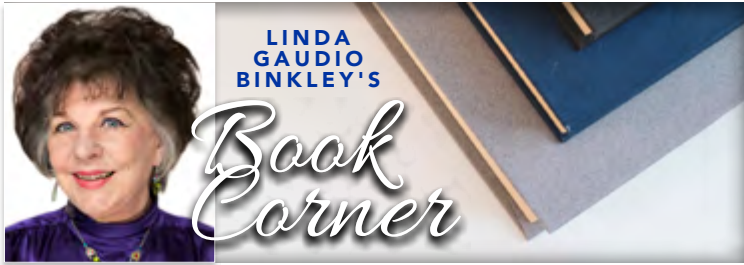
Call me crazy but you cannot order these to be shipped 3000 miles away. I was crazy enough to give these unique pastries one hell of a trip. Some ended up in my fridge, and others at my work break room. My coworkers claimed they never tasted such cookies in their lives. Treats like this can only be found in the New York Tri-state area.

For more information check out their website: <https://villabate.com/>.

Mailing address is 7001 18th Avenue, Brooklyn, NY 11204.

-- Article by Elise Habra, The Italian Bakery Geek ~





Powers and Thrones

by Dan Jones 🐉

Power and Thrones by noted historian Dan Jones, a Fellow of the Royal Historical Society, is non-fiction at its finest. Author Jones has a remarkable talent for engaging lay readers in the heavy, complex topic of a thousand years of Middle Ages and yet he makes it enjoyable and compelling.

As the title indicates, the book does not involve itself with the mundane realities of daily medieval life such as women's rights, spousal abuse, slavery, public education and general welfare. Instead, we travel through the great power epochs which drove Europe to the Renaissance and ultimately gave us the western Europe we know today.

Especially enjoyable was Mr. Jones' writing technique of avoiding straight chronology. We don't just start at the fall of Rome in 476 and end with Martin Luther in 1517. Instead, the book is divided

into four parts: Imperium, Dominion, Rebirth and Revolution. Then each part has four chapters. For example, Imperium's chapters are Romans, Barbarians, Byzantines and Arabs. Each chapter reaches into the origins of the topic and brings it forward to the subject era. It's fascinating to see how all the cultures intertwine. In his authoritative style, Mr. Jones makes it clear that we cannot understand one cultural development without knowledge of the other. The Middle East, the Far East, North Africa and Europe are historically melded. The conflicts and cultural exchanges are ancient.

Rome did indeed fall and with it its imperial rule. But wait, did it? Author Jones deftly brings us through the rise of Rome as a universal authority figure through the Popes. The author unapologetically explains choices made by Rome which drastically altered the course of European history throughout the entire Middle Ages, 1,000 years. We see the influence of Rome via the Pope appear in most all chapters, and it is sometimes disturbing.

Of particular interest is the melding of severe well-documented climate disturbances with major population movements. Huge migrations causing urban chaos is nothing new. The sweep of several massive bubonic plagues of course is also a major player.

The book is sprinkled with asterisks which lead the reader to a footnote - tying the medieval event to current events. So they are food for thought. Particularly entertaining was the medieval doomed couple Abelard and Heloise. They named their son Astrolab and the asterisk cites Elon Musk naming his son XAE A-Xii. Too much!

This book is heavily researched with a bibliography and footnotes filling 42 pages. If you are a history buff, **Powers and Thrones** will not disappoint! ✨

Thanks so much for the suggestions! Please keep them coming to lbinkley@yahoo.com

Italian Word or Phrase of the Month • From Linda Gaudio Binkley

O cara mia, fa freddo fuori!
Oh baby, it's cold outside!

- It's freezing cold! = *Fa freddo cane!* (It's dog cold!)
- It's very cold. = *Fa freddissimo.*
- It's freezing. = *Si gela.*
- Cold = *Freddo*
- Low temperatures = *Basse temperature*
- Below zero = *Sotto zero*
- Frozen = *Ghiacciato*
- Ice cream = *Gelato*



Buon Anno a tutti! May your New Year be healthy, joyous and prosperous! And to start this new year, I would like to continue the Holidays with a very important day in Italy.

In Italy on January 6th, the Feast of the Epiphany is celebrated and is a national holiday. This day commemorates the presentations of the infant Jesus to the Magi or Three Wise Men.

This day is also known as "La Befana" and is solely an Italian tradition. The legend goes that on their way to visit the infant Jesus, the Magi encountered Befana, who was in front of her home with a broom in her hand, sweeping. They asked her for directions and invited the old woman to accompany them. She declined because she had a lot of housework to do. As soon as they left, she regretted her decision and started her journey to find the baby Jesus with a bundle of presents for him. Sadly, Befana never found the baby Jesus, so she gave the gifts to other children.

To this day, she travels on her broomstick every Epiphany Eve looking for the manger and giving presents to Italian children who leave out a shoe or hang up their stockings. It is also said that before she leaves the house, she will sweep the floor, sweeping away last year's worries.

*Here comes, here comes the Befana
She comes from the mountains in the deep of
the night*

*Look how tired she is! All wrapped up
In snow and frost and the north wind!*

Here comes, here comes the Befana!

-- Giovanni Pascoli

As with any other Holiday, the tradition is to celebrate with food. In Italy, one of the sweet delicacies served on this day is La Befana Cake. This is a cake made with a large bean inside. Whoever finds the bean has good luck for the year. There are many recipes for La Befana Cake...here's one that I found to share with you.

La Befana Cake Recipe

Ingredients:

- 1 1/4 cups raisins
- 1/2 cup diced, candied lemon peel
- 1/2 cup diced, candied orange peel
- 1/4 cup brandy (optional)
- 1 Tablespoon active dry yeast
- 1/2 cup warm (110-115F) water
- 5 cups plus 2 tbs Unbleached, All-Purpose Flour
- 1/2 cup sugar
- 1/2 tsp salt
- 1 tbs grated lemon zest
- 8 tbs (stick) unsalted butter cut into pieces, softened
- 2 large eggs
- 1/2 cup warm milk
- 1/2 cup chopped almonds

Lucia's COOKING CLASS NEWS



- 1 dried fava or other large bean
- 1 egg yolk
- 2 tbs turbinado (coarse brown) sugar

Directions:

1. Put raisins in bowl, cover with warm water and let aside to plump.
2. In a bowl, mix the citrus peels with the brandy and set aside. If not using brandy, use hot water.
3. In a medium bowl dissolve the yeast in warm water. Add one cup of the flour and mix until a ball of dough is formed. Fill a large bowl 2/3 full with warm water. Place the ball of dough in the water, cover with bowl with plastic wrap and let the "sponge" rise in a warm place until doubled, about 20 minutes.
4. In a food processor, combine 4 cups of the flour, sugar, salt and lemon zest. Add the butter, eggs, and milk and process to a slightly stiff dough. With a slotted spoon, scoop the risen sponge from the water and add it to the dough. Process until thoroughly incorporated into the dough. If the dough seems too stiff, add a little tepid water.
5. Turn the dough out onto a lightly floured surface and knead for a few minutes. Butter a large bowl, place the dough in the bowl, and turn to coat. Cover with plastic wrap, then a towel, and let rise in a warm spot for one hour or until doubled in size.
6. Butter a 10 by 3 1/2 inch round cake pan, ceramic pan or tube pan. Dust with flour and shake out excess. Drain the raisins, pat dry with paper towels and toss with one tablespoon of the flour. Drain the candied citrus peels, reserving the brandy. Toss the peels with the remaining 1 tablespoon of flour.
7. Punch down the dough. Turn the dough out onto a floured surface. With your hands, work the raisins, candied peels, almonds, and dried bean into the dough, and knead until you have a uniform ball of dough. It should feel slightly tacky.
8. Place the dough in the pan, cover with a towel and let rise in a warm place for one hour, or until doubled in size.
9. Preheat the oven to 350F. In a small bowl, beat the egg yolk and reserved brandy together. Brush the top of the cake with this mixture and sprinkle with the coarse sugar.
10. Bake for 45 minutes, or until nicely browned. Let the cake cool for 10 minutes in the pan. Carefully run a knife around the sides of the pan to loosen the cake and turn the cake out onto a cooling rack to cool completely. To serve, cut into wedges.
11. Note: To freeze, wrap the cake well in aluminum foil. Freeze for up to a month.

Recipe from: <https://www.ciaoitalia.com/recipes/befana-cake-torta-di-befana>

**Our cooking classes will resume in March.
Keep your eyes on this column for upcoming classes.**

La Befana vien di notte con le scarpe tutte rotte, col vestito alla romana viva viva La Befana!

Growing up I recall anxiously awaiting with excitement the arrival of La Befana on the eve of January 5th. For my family, the event was all about the religious "Festa dell'Epifania", on January 6th marking the symbolic day when the three kings or wise men, who after traveling from faraway lands, followed the star of Bethlehem, leaving gifts of gold, frankincense, and myrrh for the newborn Christ Child.

According to a popular legend, Befana is known as "the Christmas witch" because she is dressed "in the Roman custom" (col vestito alla Romana), wrapped in a dark shawl with layers of chimney soot, a handkerchief on her head, and rides around on a broom. She is depicted as an elderly grandmotherly woman who resembles a kindly witch and brings gifts to good little children throughout Italy on Epiphany Eve.

Children are told that she will give them a swift thump from her broomstick if they try to see her when she arrives, but the tradition could just be to keep kids in their beds. To this day Befana is



still searching for the newborn Christ and, on her quest, she leaves treats such as toys and candy or fruit for well-behaved children. Naughty children get chunks of coal, onions, or garlic. Families leave her a glass of wine and a bit of their traditional local food to refuel her for the rest of her journey. So, the message here is that Santa gets fat from cookies left for him while Befana drunkenly rides her broom from house to house leaving candy.

It's also said that Befana sweeps the floor of a home before she

departs, a symbolic gesture for clearing out the old just as the new year is dawning.

Many cities in Italy hold celebrations in her name. The biggest La Befana festival takes place in Urbania, her traditional home. Here is a Befana regatta in her honor in Venice. This is a race between old owners of the oldest rowing Association in the City who challenge each other and dress as Befana.

-- Article by Marie Rose Peirano Dalldorf ~

IAHF Members are the BEST!

A huge thank you to all who donated towards our food and toy drives! We were able to help Our Daily Bread in Sunnyvale with many food items that had been collected over the past month. We also had a great response to the toy drive as we donated to Toys for Tots.

The members at the IAHF truly have a giving heart and for that I am grateful!

-- Article by Dana Zuccarello





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If you have photos of recent IAHF events you would like to share,
please email them to photos@iahfsj.org
and state the event in the subject line.

Thank you. — Louie Lombardo / 4TH Vice President



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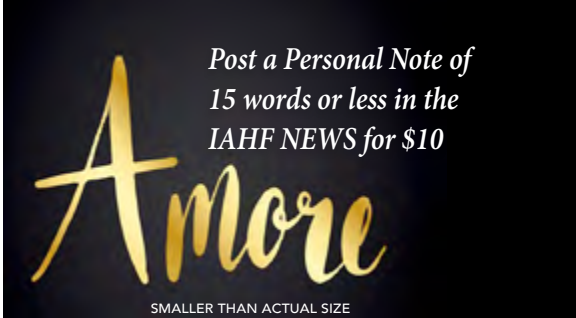
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Since obtaining her California Real Estate license, Rosetta has attended mandatory legal classes, completing various state-required programs, such as Real Estate Principals, Real Estate Appraisals, 1031 Exchange Reinvestment Plan, Senior Real Estate Specialist, Certified Probate & Trust Specialist, Pricing Strategy Advisor Certification, Short Sales & Foreclosure Resource Certification, Limit Liability Company for Reinvestments, Protecting the Fee, Due Diligence and Disclosures, Agency Fair Housing, Trust Funds, Ethics and Risk Management, Survey Course and Risk Management. Professional Philosophy Rosetta's passion and philosophy have always been to put her client's best interests first, provide every client with the highest of business ethics, commitment, and 100% excellent quality service. Building a lifetime relationship by earning the respect and trust of her clients, is her ultimate goal.

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